

**HAMPSHIRE & ISLE OF WIGHT SCHOOLS' SWIMMING ASSOCIATION
(Affiliated to SER, Under ASA Laws and Technical Rules)**

**Annual Championship Gala at The Quays, Southampton
Sunday, May 10th 2009**

Level 2 Licensed Meet

• **Age Groups and entry criteria**

- Junior Born between 1/9/95 and 31/8/98
- Intermediate Born between 1/9/93 and 31/8/95
- Senior Born between 1/9/90 and 31/8/93

Entry is open to **any** pupil attending a school in Hampshire. **Swimmers born between 1/9/90 and 31/8/91 must be expecting to return to 6th Form in September 08**

No swimmer may swim more than 5 events (plus the 50m freestyle). NB anyone wishing to be considered for the Hampshire Schools Team SHOULD enter the 50m Freestyle.

- The Promoter reserves the right to restrict the number of swimmers in each event, based on entry times, to ensure the smooth running of the event.

- The Gala will be swum in **two sessions** as follows:

Session 1: Warm up 11 am, first event 12:00 noon.

Session 2: Warm up approx 3.15pm (TBC) first event approx 4.15pm (TBC)

- **Results** will be determined according to heat times; there will not be finals. All age groups will swim together, seeded according to entry time. Swimmers with no entry time will swim first.

- **Medals** will be awarded to the first three girls/boys in each age group/event.

- This Gala will be used as the basis for selection of the team to represent Hampshire in the English Schools **Division 12 Championships in September**. Only the events marked ** on the schedule below form part of the Division 12 Programme. However performance in all events may be taken into consideration during selection. Please note that in the Division 12 Programme the 400m events are Open events.

- **The entry fee** is £1 per event. **It is not necessary to include an SAE.**

- **The closing date** for entries is Saturday 18th April. Late entries **may** be considered for any event that is under-subscribed.

- Full details of entries accepted will be displayed on the Hampshire Schools WEB site:
www.hampshireschoolswimming.org

- **Refunds** for any rejected entries will be made on the day of the event. Cheques will be destroyed for swimmers who are not accepted for any events.

- **Entry cards will be used.** Card must be posted in the box near the entrance by the start of Warm Up for each session.

Proposed Schedule

<u>Session 1 Warm up 11am</u>	<u>Session 2 Warm up 3.15 (TBC)</u>
Boys 200m Individual Medley**	Girls 200m Individual Medley**
Girls 400m Freestyle**	Boys 400m Freestyle**
Boys 100m Freestyle**	Girls 100m Freestyle**
Girls 100m Butterfly**	Boys 100m Butterfly**
Boys 200m Backstroke	Girls 200m Backstroke
Girls 200m Breaststroke	Boys 200m Breaststroke
Boys 100m Breaststroke**	Girls 100m Breaststroke**
Girls 100m Backstroke**	Boys 100m Backstroke**
Boys 400m Individual Medley	Girls 400m Individual Medley
Girls 200m Freestyle	Boys 200m Freestyle
Boys 50m Freestyle**	Girls 50m Freestyle**
Girls 200m Butterfly	Boys 200m Butterfly

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