

# ESSA Division Twelve Annual Gala 2008

(affiliated to South East Region ASA held under ASA Law & Technical rules)

## **The Quays Swimming Centre Southampton**

**Saturday 13th September 2008 at 3.00 p.m.**

Selection for the National Schools will be made from this Gala and time trials that have taken place on Guernsey/Jersey. The fastest time from these trials will be entered on this programme in the relevant event if at all possible. If you are not available to compete for the division at the National final in Enfield on the 24th & 25th October 2008 please inform your team manager so we are aware before the selection meeting. At the final swimmers may also only compete in one individual event with the exception of the 400 freestyle, so again if you win more than one individual event please inform your team manager of your preference of individual swim so this may be taken into account at the selection meeting although the team will be selected to field the strongest team possible. Swimmers at British Stroke Camps or who are Medically unable to compete at this event will have times put forward for consideration, these swimmers are shown. Only six swimmers per age group will be selected the five main events + the fastest from the 50 free if needed.

### **Age Groups**

#### **Junior**

Born between 1st September 1994 and 31st August 1997

#### **Intermediate**

Born between 1st September 1992 and 31st August 1994

#### **Senior**

Born between 1st September 1989 and 31st August 1992

**Lanes Hampshire 2 & 5**

**Dorset 3 & 6**

**Sussex 4 & 7**

**Entry**

**£2.50 Adult**

**50p OAP's & Children**

**Event 1 Girls Junior 50m Freestyle Time Trial**

**Event 2 Boys Junior 50m Freestyle Time Trial**

#### **Heat 1**

1 Nicole Hewlett	G	31.44
2 Ellie Connor	H	29.92
3 Charley Stone	D	29.63
4 Charlotte Hards	S	29.16
5 Emily Ard	H	29.5
6 Phoebe Notley	D	29.86
7 Claire Shaw	S	29.72
8 Lottie Parfit	G	29.84

#### **Heat 1**

1 Miles Munro	G	29.73
2 Ashley Ball	H	28.33
3 Joseph Poynter	D	27.36
4 Henery Young	S	27.35
5 Matthew Morgan	H	28.04
6 Thomas Mules	D	27.32
7 Howard Blyth	S	27.63
8 Oliver Nightingale	G	30.37

#### **Heat 2**

1 Kristina Neves	G	29.42
2 Holly Chapman	H	
3 Franchesca Taylor	D	31.93
4 Amy Medlock	S	28.96
5 Mollie Vincent	H	28.91
6 Shannan Horton	D	29.99
7 Poppy Keenor	S	29.25
8		

#### **Heat 2**

1 Luke Winberg	G	29.76
2 Alexander Cameron-Calvo	H	28.03
3 Harry Thorpe	D	28.56
4 Cameron Lambourne	S	27.41
5 Bradley Kemp	H	28.61
6 Sam Bates	D	29.22
7 Tom Creed	S	33.61
8		

**Event 3 Girls Open 400m Freestyle****Heat 1**

1		
2	H	
3 Zoe Watson	D	4.22.62
4 Charlotte Woolliscroft	S	4.23.73
5 Bethan Hamblin	H	4.34.65
6 Natalie Moore	D	4.40.38
7 Emily Pinchin	S	4.40.46
8		

**Event 4 Boys Open 400m Freestyle****Heat 1**

1		
2 Gordan Laing	H	4.16.33
3 Martin Littlefair	D	4.09.22
4 Cameron Bax	S	4.22.83
5 Daniel Hughes	H	4.23.32
6 Joseph Poynter	D	4.11.63
7 Nicholas Ayers	S	4.28.72
8		

**Event 5 Girls Inter 50m Freestyle Time Trial****Heat 1**

1 Victoria Parfit	G	29.47
2 Sophie Jenkins	H	29.38
3 Francesca Hughes	D	28.42
4 Mai Alland	S	26.86
5 Holly Williams	H	28.44
6 Danielle Shrosbree	D	29.08
7 Jessie Fisher	S	28.48
8		

**Event 6 Boys Inter 50m Freestyle Time Trial****Heat 1**

1 Joshua Lewis	G	26.47
2 Joel Frank	H	27.38
3 Craig Freeman	D	25.31
4 Adam Rouncivell	S	26.31
5 Justin Craig	H	25.93
6 Martin Littlefair	D	25.91
7 Alistair Chisholm	S	27.52
8 Matthew Butt	G	26.94

**Heat 2**

1		
2 Sophie Teasdale	H	28.28
3 Zoe Watson	D	28.15
4 Zara Williams	S	28.22
5 Megan Cumming	H	29.41
6 Fiona Hardie	D	28.52
7 Sophie Brooks	S	28.81
8		

**Heat 2**

1		
2 Jamie McDonald	H	27.21
3 Thomas Tiller	D	26.4
4 Cameron Bax	S	27.17
5 Thomas Mills	H	26.53
6 Jack Thorpe	D	26.96
7 Joshua Aldous	S	26.95
8		

**Event 7 Girls Junior 200m I.M.****Heat 1**

1 Lottie Parfit	G	2.29.97
2 Emma Tinker	H	2.42.50
3 Shannon Horton	D	2.47.93
4 Cristina Richards	S	2.42.08
5 Mollie Vincent	H	2.24.31
6 Deborah Cure	D	2.44.48
7 Poppy Keenor	S	2.41.41
8		

**Event 8 Boys Junior 200m I.M.****Heat 1**

1		
2 Ewan Laing	H	2.40.11
3 Joseph Poynter	D	2.16.72
4 Tom Creed	S	2.30.18
5 Bradley Kemp	H	2.25.32
6 Sam Bates	D	2.38.32
7 Nicholas Salerno	S	2.26.04
8		

**Event 9 Girls Senior 50m Freestyle Time Trial****Heat 1**

1 Heather Chapman	G	29.94
2 Fiona Carroll	H	29.68
3 Marika Rolt	D	29.8
4 Charlotte Woolliscroft	S	28.72
5 Joanna Jeffcoate	H	29.15
6 Katie Allen	D	29.56
7 Charlotte Hunt	S	30.14
8		

**Event 10 Boys Senior 50m Time Trial****Heat 1**

1 James Jurkiewicz	G	25.94
2 Ashley Pike	H	25.98
3 Dominic McDonald	D	25.69
4 Matthew Wooldridge	S	24.65
5 Peter Massey	H	25.19
6 Martin Dunn	D	26.58
7 Ben Trout	S	25.11
8 Matthew Girard	G	25.53

**Heat 2**

1		
2 Nicola Fulford	H	29.97
3 Anne Marie Taylor	D	29.15
4 Lauren Fairweather	S	29.52
5 Tamsyn Ryan	H	31.58
6 Lauren Podger	D	31.72
7 Daisy Bond	S	29.85
8		

**Heat 2**

1		
2 Chris Campbell	H	24.89
3 Ben Fellows	D	28.35
4 Callum Hillicks	S	24.77
5 Samuel Tinson-Wood	H	25.21
6 Greg Shrosbree	D	26.4
7 Ben Brown	S	25.79
8		

**Event 11 Girls Inter 100m Breaststroke****Heat 1**

1 Naomi Vides	D	1.15.04
2 Katie Chapman	H	1.19.75
3 Francesca Hughes	D	1.13.00
4 Tya Allum	S	1.19.49
5 Megan Cumming	H	1.17.27
6 Danielle Shrosbree	D	1.21.31
7 Harriet Lambourne	S	1.24.72
8 Victoria Parfit	G	1.16.81

**Event 12 Boys Inter 100m Breaststroke****Heat 1**

1		
2 Francois Hmida	H	1.14.69
3 Martin Littlefair	D	1.12.16
4 Joshua Aldous	S	1.10.79
5 Neil Redman	H	1.10.43
6 Craig Hewitt	D	1.25.07
7 Jack Payne	S	1.14.24
8 Joshua Lewis	G	1.13.66

**Event 13 Girls Senior 100m Back****Heat 1**

1		
2 Tamsyn Ryan	H	1.13.28
3 Cathy Close	D	1.07.60
4 Charlotte Woolliscroft	S	1.08.21
5 Nicola Fulford	H	1.07.46
6 Danni Callahan	D	1.18.59
7 Daisy Bond	S	1.18.00
8		

**Event 14 Boys Senior 100m Back****Heat 1**

1		
2 Elliot Bilisland	H	1.03.89
3 Dominic McDonald	D	1.05.80
4 Callum Hillicks	S	1.02.53
5 Peter Massey	H	1.04.52
6 Ben Fellows	D	1.06.84
7 Nicholas Ayers	S	1.06.24
8 James Jurkiewicz	G	1.01.76

**Event 15 Girls Junior 100m Butterfly****Heat 1**

1		
2 Nicole Dollery	H	1.11.68
3 Ellis Mayall	D	1.21.31
4 Charlotte Hards	S	1.12.29
5 Chloe Fulford	H	1.11.19
6 Gemma Platts	D	1.23.91
7 Poppy Keenor	S	1.16.16
8 Kristina Neves	G	1.09.59

**Event 16 Boys Junior 100m Butterfly****Heat 1**

1		
2 Matthew Morgan	H	1.11.00
3 Thomas Mules	D	1.03.80
4 Henery Young	S	1.03.48
5 Alexander Cameron-Calvo	H	1.08.11
6 Todd Price	D	1.12.71
7 Nicholas Salerno	S	1.05.11
8 Luke Winberg	G	1.11.37

**Event 17 Girls Inter 100m Freestyle****Heat 1**

1		
2 Sophie Jenkins	H	1.04.48
3 Zoe Watson	D	1.00.03
4 Mai Alland	S	1.01.44
5 Sophie Teasdale	H	1.00.80
6 Danielle Shrosbree	D	1.03.18
7 Zara Williams	S	1.02.10
8		

**Event 18 Boys Inter 100m Freestyle****Heat 1**

1		
2 Jake Howes	H	57.4
3 Craig Freeman	D	54.27
4 Adam Rouncivell	S	58.42
5 Justin Craig	H	56.61
6 Jack Thorpe	D	58.97
7 Alistair Chisholm	S	59.51
8		

**Event 19 Girls Senior 200m I.M.****Heat 1**

1		
2 Nicola Fulford	H	2.32.28
3 Katie Allen	D	2.34.81
4 Tillie Milton	S	2.34.95
5 Aimee Benfield	H	2.29.51
6		
7 Rachel Bell	S	2.42.31
8		

**Event 20 Boys Senior 200m I.M.****Heat 1**

1		
2 Daniel Hughes	H	2.20.26
3 Ben Fellows	D	2.30.84
4 Jack Brewer	S	2.22.04
5 Andrew Willis	H	2.06.93
6 Declan Callahan	D	
7 Nicholas Ayers	S	2.27.30
8		

**Event 21 Girls Junior 100m Breaststroke****Heat 1**

1		
2 Emily Ard	H	1.18.51
3 Deborah Cure	D	1.25.79
4 Amy Medlock	S	1.21.63
5 Mollie Vincent	H	1.17.04
6 Shannon Horton	D	1.25.03
7 Rebecca Groves-Excel	S	1.25.97
8 Nicole Hewlett	G	1.22.03

**Event 22 Boys Junior 100m Breaststroke****Heat 1**

1		
2 Karl Heather	H	1.23.03
3 Joseph Poynter	D	1.15.24
4 Howard Blyth	S	1.16.89
5 Bradley Kemp	H	1.16.62
6 Thomas John	D	1.19.22
7 Tom Creed	S	1.18.28
8		

**Event 23 Girls Inter 100m Backstroke****Heat 1**

1		
2 Sophie Teasdale	H	1.05.33
3 Naomi Vides	D	1.10.81
4 Victoria Turner	S	1.08.01
5 Kathryn Willis	H	1.04.62
6 Rebecca Fish	D	1.11.51
7 Katy Harris	S	1.08.96
8 Sara Williams	S	1.10.86

**Event 24 Boys Inter 100m Backstroke****Heat 1**

1		
2 James Fullere	H	1.05.58
3 Craig Freeman	D	1.02.23
4 Cameron Bax	S	1.03.88
5 Sam Redman	H	1.04.92
6 Craig Hewitt	D	1.12.94
7 Stuart Woolliscroft	S	1.03.75
8		

**Event 25 Girls Senior 100m Butterfly****Heat 1**

1		
2 Joanna Jeffcoate	H	1.08.36
3 Marika Rolt	D	1.11.93
4 Tillie Milton	S	1.13.30
5 Aimee Benfield	H	1.08.11
6 Anne Marie Taylor	D	1.08.66
7 Sarah Penny	S	1.12.11
8		

**Event 26 Boys Senior 100m Butterfly****Heat 1**

1		
2 Daniel Hughes	H	1.02.80
3 Martin Dunn	D	1.06.21
4 Callum Hillicks	S	57.32
5 Chris Campbell	H	57.64
6		
7 Matthew Wooldridge	S	1.01.80
8		

**Event 27 Girls Junior 100m Freestyle****Heat 1**

1		
2 Holly Chapman	H	1.05.46
3 Charley Stone	D	1.05.45
4 Charlotte Hards	S	1.04.19
5 Emily Ard	H	1.02.99
6 Phoebe Notley	D	1.06.13
7 Claire Shaw	S	1.04.01
8 Kristina Neves	G	1.02.85

**Event 28 Boys Junior 100m Freestyle****Heat 1**

1		
2 Ashley Ball	H	1.02.99
3 Thomas Mules	D	58.48
4 Henery Young	S	1.01.84
5 Matthew Morgan	H	1.01.51
6 Harry Thorpe	D	1.04.07
7 Howard Blyth	S	59.58
8 Miles Munro	G	1.02.32

**Event 29 Girls Inter 200m I.M.****Heat 1**

1 Victoria Parfit	G	2.27.83
2 Kathryn Willis	H	2.24.82
3 Francesca Hughes	D	2.25.15
4 Sophie Brooks	S	2.30.18
5 Kirsty Harkness	H	2.28.26
6 Natalie Moore	D	2.33.19
7 Jessie Fisher	S	2.30.02
8 Alice Stanley	H	2.32.54

**Event 30 Boys Inter 200m I.M.****Heat 1**

1		
2 Joshua Smith	H	2.23.16
3 Martin Littlefair	D	2.18.66
4 Cameron Bax	S	2.26.14
5 Chris Chamberlain	H	2.24.74
6 Jack Thorpe	D	2.36.90
7 Jack Payne	S	2.31.25
8 Joshua Lewis	G	2.18.71

**Event 31 Girls Senior 100m Breaststroke****Heat 1**

1		
2 Emily Jones	H	1.24.45
3 Lauren Podger	D	1.25.47
4 Emily Pinchin	S	1.23.22
5 Joanna Jeffcoate	H	1.19.75
6 Danni Callahan	D	1.27.57
7 Charlotte Hunt	S	1.24.56
8		

**Event 32 Boys Senior 100m Breaststroke****Heat 1**

1		
2 OJ Wright	H	1.10.79
3 Gregg Shrosbree	D	1.12.63
4 Tom Newman	S	1.13.03
5 Andrew Willis	H	1.04.16
6		
7 Jack Brewer	S	1.15.19
8		

**Event 33 Girls Junior 100m Backstroke****Heat 1**

1		
2 Holly Chapman	H	1.11.77
3 Phoebe Notley	D	1.17.41
4 Olivia Dickie	S	1.11.11
5 Emma Tinker	H	1.10.91
6 Charley Stone	D	1.19.55
7 Cristina Richards	S	1.19.65
8 Lottie Parfit	G	1.08.92

**Event 34 Boys Junior 100m Backstroke****Heat 1**

1		
2 Karl Heather	H	1.09.71
3 Todd Price	D	1.16.35
4 Cameron Lambourne	S	1.09.92
5 Alexander Cameron-Calvo	H	1.08.89
6 Harry Thorpe	D	1.11.46
7 Samuel Bonsor	S	1.13.06
8 Oliver Nightingale	G	1.11.64

**Event 35 Girls Inter 100m Butterfly****Heat 1**

1 Harriet Lambourne	S	1.04.11
2 Trudie-Ann Hewetson	H	1.11.19
3 Fiona Hardie	D	1.08.98
4 Sophie Brooks	S	1.08.52
5 Claudia Murphy	H	1.08.58
6 Emma Baird	D	1.12.67
7 Jessie Fisher	S	1.07.48
8 Kirsty Harkness	H	1.08.09

**Event 36 Boys Inter 100m Butterfly****Heat 1**

1		
2 Adam Robinson	H	1.06.80
3 Scott Civil	D	1.09.23
4 Adam Rouncivell	S	1.07.28
5 Chris Chamberlain	H	1.07.42
6 Declan Callahan	D	1.09.41
7 Jason Wooldridge	S	1.05.91
8 Matthew Butt	G	1.01.10

**Event 37 Girls Senior 100m Freestyle****Heat 1**

1		
2 Fiona Carroll	H	1.03.59
3 Marika Rolt	D	1.04.00
4 Charlotte Woolliscroft	S	1.00.21
5 Emily Jones	H	1.05.70
6 Anne Marie Taylor	D	1.02.93
7 Emily Pinchin	S	1.02.34
8 Heather Chapman	G	1.04.53

**Event 38 Boys Senior 100m Freestyle****Heat 1**

1		
2 Peter Massey	H	57.94
3 Dominic McDonald	D	56.86
4 Matthew Wooldridge	S	54.27
5 Samuel Tinson-Wood	H	55.01
6 Gregg Shrosbree	D	58.97
7 Ben Trout	S	56.4
8 Matthew Girard	G	55.31









